

Breakfast



Toast - choice of breads and condiments	6.5
Breads - white sourdough, wholemeal rye, soy linseed, panini, Turkish, Turkish raisin, gluten free	
Condiments - vegemite, peanut butter, honey, berry jam, Nutella	
Avocado smash - with a splash of olive oil on sourdough toast	11/16
Add tomato \$1 feta \$2 boiled egg \$2 smoked salmon \$4 prosciutto \$4	
Bacon & egg roll - with tomato relish and spicy mayo	10
BLAT - bacon, lettuce, avocado, tomato and mayo	13.5
Breakfast Burger - with fried egg, bacon, cheese, hash brown, spinach, tomato relish & spicy mayo	15
Avocado bruschetta - avocado, tomato, fetta, rocket, onion and zatar	16.5
Porridge - with banana & fresh berries topped with honey and chia seeds	14.5
Green eggs - scrambled eggs with pesto, grilled haloumi and roast tomato with toast	19
Smoked salmon & scrambled eggs - with chives served with toast	19
Eggs Benedict - smoked salmon, or smoked ham, poached eggs, wilted spinach and Hollandaise with toast	20
Big breakfast - fried eggs, bacon, chipolatas, roast tomato, mushrooms, wilted spinach and hash brown with toast	23
Big vegetarian breakfast - fried eggs, grilled haloumi, avocado, mushrooms, Wilted spinach & hash brown	23
Bacon & eggs - bacon, fried eggs and roast tomato with toast	17.8
Cheese omelette - served with toast	14.5
Eggs on toast - fried	13
- scrambled or poached	13.5
Add-ons	
bacon, ham, mushroom, avocado, chipolatas, haloumi	5.5
roast tomato, ricotta, hash brown, wilted spinach	4.5
smoked salmon	6.5

Please check our daily display for a selection of mini breakfast rolls, croissants, yoghurts and more...



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Lunch



Beef burger - lettuce, tomato, pickles & special sauce	13.5
Double cheese burger - double beef patties, double cheese, lettuce, tomato & special sauce	16.8
Chicken burger - lettuce, tomato, and aioli	13.5
Chicken schnitzel burger - coleslaw, gherkins & spicy mayo	14.0
Steak sandwich - lettuce, tomato, caramelised onion, beetroot and BBQ	15.5
Barramundi burger - lettuce, tomato & aioli	16.5
Lamb wrap - lamb back-strap, lettuce, tomato, red onion & tzatziki	16.0
Prawn linguini - with cherry tomato, baby spinach, olive oil, garlic & chilli	23.5
Fish & chips - served with aioli	19.0
<u>Meals served with chips or salad or mash potato:</u>	
Souvlakia lamb back-strap skewers with tzatziki + pita bread	23.5
Grilled Barramundi - side aioli	23.5
Chicken schnitzel - side mayo	19.0
Chicken parmigiana - grilled eggplant, tomato and mozzarella	22.5

Salads

Smoked salmon salad - mixed lettuce, fresh ricotta, cherry tomato, red onion, baby capers & vinaigrette dressing	19.5
Grilled chicken salad - roast eggplant, sweet potato, mixed lettuce, homemade aioli and dukkah	19.0
Warm lamb salad - lamb backstrap, rocket, roast pumpkin, semidried tomato, pine nuts and balsamic dressing + pita bread	23.0
Chicken Caesar salad - crispy bacon, poached egg, parmesan, baby Cos, Caesar dressing and croutons	19.0
Greek salad - Add	
Grilled haloumi \$5.5 smoked salmon \$6.5 grilled prawns, S+P calamari or grilled barramundi \$8	17.0

Sides

Hot chips - add gravy \$2	7/10
Wedges with sweet chilli and sour cream	13.0
Garlic Bread	7.0
Combo with any meal, chips or salad + 375ml can	7.0



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Ready to go

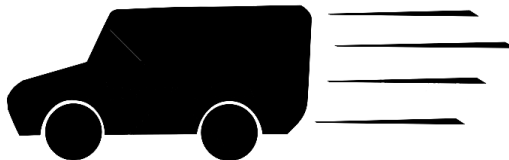
Mini breakfast rolls	6.8
Sandwiches from our deli window	12.5
Salads from our fresh daily display	12.5/ 15.5
Hot meals from our hot food bar	15/ 19
Soup of the day with bread	11/ 13

Deliveries

We deliver inside & outside Sydney Markets Monday to Saturday

To make an order please call or text 0451 665 249

**Would you like to receive an SMS of our weekly specials ?
Please let us know**



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Drinks

Coffee and Tea

Espresso	3.8
Macchiato, piccolo	4.3
Cappuccino, flat white, latte, hot chocolate, long black	4.5
Mocha, chai latte, Nutella hot chocolate	4.8
Affogato	6.8

Medium	.8
Large	1.5
Soy, almond, lactose free, decaf, extra shot	.70
Caramel, hazelnut, vanilla, Nutella	.70

English Breakfast, Earl Grey, peppermint, green, camomile, lemongrass	4.8
soy chai tea with organic honey	5.8

Milkshakes

Milo, salted caramel, strawberry, vanilla	7.5
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Smoothies

Banana, mixed berries, mango	8.5
Acai cup/bowl	11/16

Iced drinks

Iced coffee, iced chocolate, iced mocha	8
Coffee frappe, berry frappe	7
Iced latte	5

Freshly squeezed juices

Orange, apple, pineapple, watermelon, carrot, celery, beetroot, lemon, ginger, spinach	7
Choose up to 4 ingredients; any extra is 20cents per ingredient	

Green juice	8
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